



THE ALIGNMENT PROJECT

LEADING YOURSELF / INTENTIONALITY

OVERCOMING THE PAST

"All leaders have a past."

WITH BOBBY BOGARD

No man has to walk alone.

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A leader's past can become a roadblock to their future. Failure, unfair criticism, relational woundedness, betrayal, personal shortcomings — any of it can leave a leader ineffective and afraid of what lies ahead.

01 LEAVING THE PAST TO GAIN THE FUTURE

YOU CAN'T MEASURE TODAY BY YESTERDAY

Overcoming the past is easier said than done. We tend to filter life through bad experiences, through words that really did hurt, through choices that couldn't be reversed. But when a tailor alters clothing, he never holds the client to their old measurements — he takes new ones. Leaders can't keep measuring themselves by their past. It's a brand-new day. **A leader anchored to what was cannot see what could be.**

02 THE POWER OF THE PAST

HOW THE PAST TAKES HOLD

A lie is believed — and the new “truth” becomes the leader's identity. **A conviction forms** — a filter that shapes how they see everything. **A lifestyle sets in** — creating new habits and practices. **A bondage is accepted** — and new insecurities take root.

THE PAST IS PERSONAL

THREE BARRIERS A LEADER MUST FACE

Unforgiveness. The leader refuses to forgive, it hardens into bitterness, and bitterness spews its poison on everyone near it. Their advancement is jeopardized by the attitude.

Secret sin. The leader overcompensates to cover shame, shame leads to micromanaging the world around them, and their confidence is diminished by the fear of discovery.

Broken trust. The leader fears betrayal again and rejects others, and that rejection pushes away the very people who could help. Their influence shrinks by refusing to empower.

5 ACTIONS TO BREAK FREE

01 REALIZE IT'S ABOUT SOMEONE

Freedom starts by understanding it's not about something, it's about someone. "I can do all things through Christ who strengthens me" (Philippians 4:13). The past fades in His presence.

02 FIND A TRUE CONFIDANT

"Confess your faults one to another, and pray one for another, that you may be healed" (James 5:16). Getting hidden things into the open brings comfort.

03 EMPLOY A COUNSELOR

Someone who can expose the lies that were believed and offer strategies to build self-awareness.

04 ENLIST A COACH

A life or professional coach has been there and understands the game. They furnish the tools to reach a new level.

05 RECRUIT A PRAYER TEAM

People called to intercede, who understand spiritual warfare and press in to bring breakthrough.

REMEMBER

Your past is real — but it should
never set the ceiling on your
future.

*"All leaders have a past —
but it should never keep
them from everything that
lies ahead."*

KNOW WHERE YOU STAND

TAKE THE FREE ASSESSMENT

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